



Agenda 2026



ESSÊNCIA
ORGANIZADA

2026

CALENDÁRIO

Janeiro

D	S	T	Q	Q	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Fevereiro

D	S	T	Q	Q	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Março

D	S	T	Q	Q	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Abril

D	S	T	Q	Q	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Maio

D	S	T	Q	Q	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Junho

D	S	T	Q	Q	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Julho

D	S	T	Q	Q	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Agosto

D	S	T	Q	Q	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Setembro

D	S	T	Q	Q	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Outubro

D	S	T	Q	Q	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Novembro

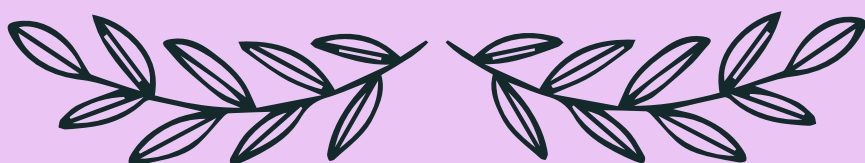
D	S	T	Q	Q	S	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Dezembro

D	S	T	Q	Q	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



JANEIRO



PLANEJAMENTO *semanal*



Segunda-feira

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Terça-feira

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Quarta-feira

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PLANEJAMENTO *semanal*



Quinta-feira

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Sexta-feira

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Sábado

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Domingo

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PLANEJAMENTO *semanal*



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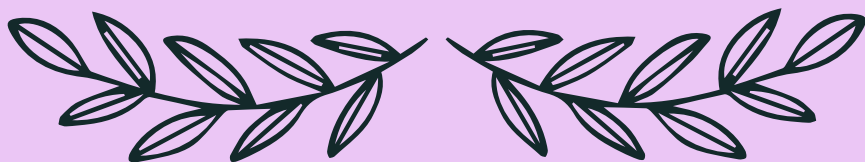
Domingo

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ANOTAÇÕES IMPORTANTES!



FEVEREIRO



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PLANEJAMENTO *semanal*



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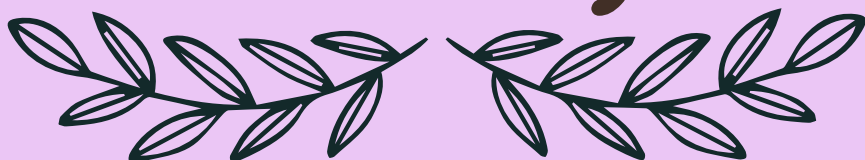
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ANOTAÇÕES IMPORTANTES!



MARÇO



PLANEJAMENTO *semanal*



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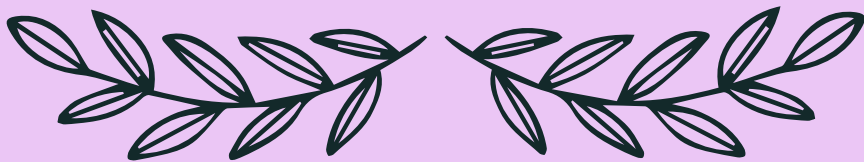
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ANOTAÇÕES IMPORTANTES!



ABRIL



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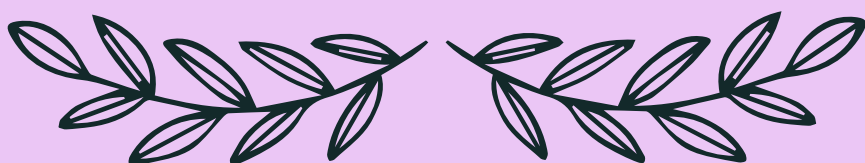
Domingo

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ANOTAÇÕES IMPORTANTES!



MAIO



PLANEJAMENTO *semanal*



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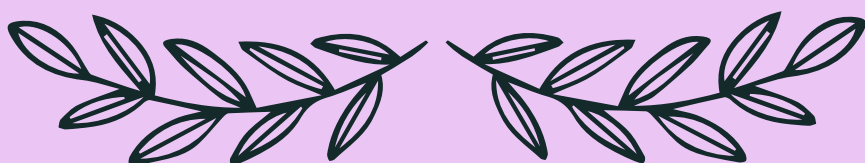
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ANOTAÇÕES IMPORTANTES!



JUNHO



PLANEJAMENTO *semanal*



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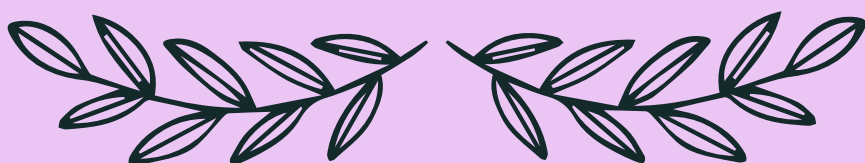
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ANOTAÇÕES IMPORTANTES!



JULHO



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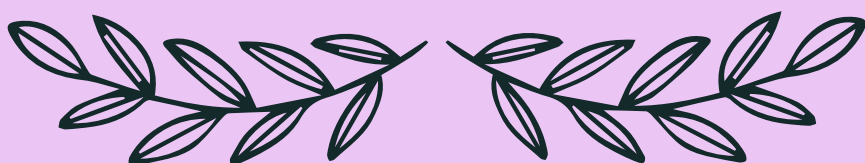
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ANOTAÇÕES IMPORTANTES!



AGOSTO



PLANEJAMENTO *semanal*



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Domingo

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PLANEJAMENTO *semanal*



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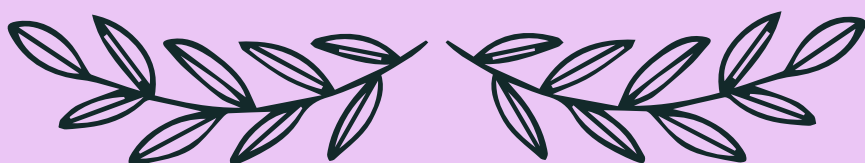
Domingo

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ANOTAÇÕES IMPORTANTES!



SETEMBRO



PLANEJAMENTO *semanal*



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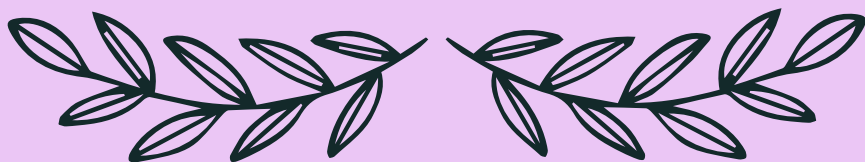
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ANOTAÇÕES IMPORTANTES!



OUTUBRO



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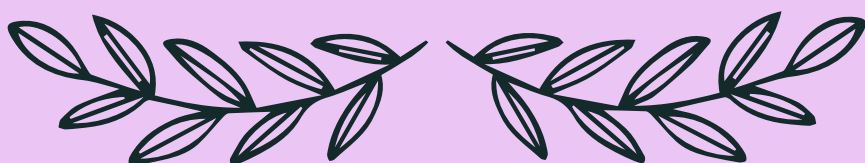
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ANOTAÇÕES IMPORTANTES!



NOVEMBRO



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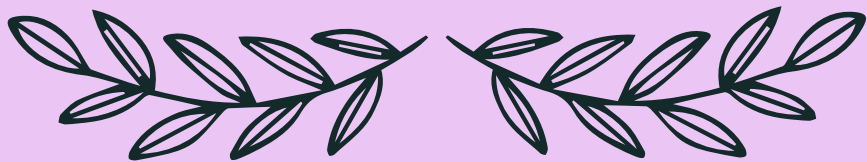
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ANOTAÇÕES IMPORTANTES!



DEZEMBRO



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ANOTAÇÕES IMPORTANTES!



Como usar este planner

Este planner foi pensado para organizar sua rotina, e o artigo sobre Adobe Reader pode ser seu aliado.

Use o guia para aprender a abrir, escrever e editar PDFs e registre aqui no planner quando colocar cada passo em prática.

Assim, você transforma conhecimento em ação e mantém tudo sob controle.

Clique aqui e descubra como aproveitar ao máximo sua agenda

